



Classic Menu

St. Teresa-St. Rita STREAM Academy ADNY

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Red Rabbit O's Cereal WG	Blueberry Bread	Cinnamon Raisin Bagels WG	Banana Overnight Oats	Bagels w/Jam
	Fresh Fruit	Fresh Fruit	Butter	Fresh Fruit	Fresh Fruit
	Low Fat/Fat Free Milk	Low Fat/Fat Free Milk	Fresh Fruit	Low Fat/Fat Free Milk	Low Fat/Fat Free Milk
LUNCH	Chicken Alfredo Penne Pasta	Chicken Tacos Soft Tortillas	Egg Fried Rice	Pulled BBQ Turkey Sandwich	Cheesy Lasagna
	Green Beans	Corn Salsa	Carrots	Dinner Rolls	Mixed Vegetables
	Fresh Fruit	Fresh Fruit	Green Peas & Corn	Coleslaw	Fresh Fruit
	Low Fat/Fat Free Milk	Low Fat/Fat Free Milk	Fresh Fruit	Fresh Fruit	Low Fat/Fat Free Milk
SNACK			Low Fat/Fat Free Milk	Low Fat/Fat Free Milk	

Red Rabbit is a nut, seed, and shellfish- free kitchen

WG = Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.

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